**Our Healthy Clarence Steering Committee**

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| Date and Time | 9th August 2018 at 10.00am |
| Venue | Education Room One, The Education Centre, Grafton Base Hospital |

**MINUTES**

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| Topic, Discussion & Outcomes | Who |
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| 1. **Attendees and Apologies** | |
| Attendee: Sue Hughes (OHC), Skye Sear (NSOA), Mark McGrath (headspace), Russell Brewer (NCLHD), John Shearer (Grafton Aboriginal Men’s Group), Roxie Collett (Wellways), Allister Donald (Lifeline), Jeremy Jablonski (CYA Clarence Youth Action), Susan Howland (Community Member), Giane Smajstr (NSOA), Zak Masters (CYA), Jason Grimes (headspace) .  Apologies: Meghanne Willard, Dan Griffin, Sharon Monahan, Rose Hogan, Sam Osborne  Acknowledgement of traditional owners – Russel Brewer. | |
| 1. **Declaration of Pecuniary Interests, Conflict of Interest (actual, perceived or potential)** | |
| Nil | |
| 1. **Previous Minutes** | |
| Mark: Moved  Skye: Seconded | |
| 1. **Business Arising** |  |
| **5.1 Chair and Secretariat duties.**  Defer Chair duties discussion to OHC Planning Day |  |
| **5.3** Planning Workshop 20/08/18 | All |
| **6.1 Black Tie Ball**  Sue has requested a program for the event to circulate to the OHC Steering Committee.   * Endorsement form not returned   In terms of where the donation goes it was agreed by the committee that headspace is an appropriate receiver.   * Some concerns about their Facebook page content and the lived experience stories that will be presented at the Ball. * Other concerns around currency of statements like “youth suicide crisis” and “no services”.   ACTION: Support headspace Donation.   * Jason concerned about specific requests re: where the donation is going to be spent   Headspace- school support-can advise them re: a safe way to share lived experience  ACTION: 1. Gabby- (School Support) to talk to Emma re: SAFE program with Giane to facilitate.  2. Skye to talk to venue GDSC, make them aware of risks | All |
| **6.6 Justice Health**  Tanya was overseas for a month.  ACTION: Carry over to next meeting |  |
| **6 New Items for Discussion** |  |
| **6.1 20/8/18 Planning Day**  Refer to proposed agenda  Committee need to provide agenda feedback to Sue by Monday 13/08/18 am  ACTION: To start at 9am instead of 10, MH to pay for catering. |  |
| **6.2 Survey Monkey**  341 responses so far – survey findings to be presented at Planning Day |  |
| **6.3 MH Month – Next meeting 22/24/8/2018**  Need to move forward with task allocation. Volunteers are needed. Event calendar to be distributed.  World Mental Health Day: 10/10/18 - Sue presented posters to be distributed  ACTIONS: Volunteers for Poster distribution | ALL |
| **6.4 R U OK Day**  Those who are going to attend need to register online  ACTION: Register on the Eventbright link  . | Event attendees |
| **7.Community Member Updates** |  |
| **headspace**   * Art Competition (see attached poster) * Gaming programs * Evening with Bob Joseph- register online * Mark – South High Yr 7 presentations * John Holland – Construction Workers course- Caring in Construction. Discussion is needed around MH and planning for the impact of ending of work contracts. |  |
| **LIFELINE**  DV Workshops currently being run unfortunately will lose the Yamba one as a result historical poor attendance**.**  **ACTION:** Promotion to get enrolments. Provision of suggestions of target services made by committee members. | All |
| **CYA**  Powering on with Youth OPS grant. Skate comp x 2 in Grafton and Yamba, Bake sale (Yamba markets)  Shades of Purple- for Jacaranda will be included in program - Market Square  Skye- Proposed $1000 donation to event  John – seconded  All in favour > carried   * Endorsement form to be submitted for Dec. event * Burnout activities for the committee which will include upskill + leadership training for members * Jacaranda Shaving Cream Fight in a controlled area at one end of Prince St. Jaca Thursday |  |
| **OHC**  Jacaranda musical  ACTION: Giane to organise |  |
| **NSOA-Giane**  One Stop Shop – Yamba (next Thurs) 16/8/18  Motivational speaker, contact Allira if you want to be part of the interactive service providers section.  Baryulgil Community Day: 02/10/18 will part of the MH month activities. |  |
| **Aboriginal Mens Group**  Northern Rivers MH Forum: Attendees were very encouraged by the response of LHD to input from people at this forum  Successful Yarning Circle@ Coffs inpatient unit.  Vision of a mini-bus submission to be completed and submitted to the responsible gambling fund.  Upcoming BBQ’s for – R U OK day, Gaol Fete 08/09/18, World Mental Health Day |  |
| **NSOA- Skye**   * Extended Sue Hughes contract until June 2020. * Youth Forum with Bron Taylor & other stakeholders very successful. Develop Strategies to inform policy of YP in rural areas. * Parenting Festival – 11/18 Partnering with Police re: cyber safety (sexting) * Aboriginal Youth Service – Prime Minister and cabinet funding. In set up phase * Received funding for ongoing youth work across the Valley * MH month – An activity for workers self-care – informal social activity |  |
| **Wellways**  YCLSS - Vacancy  HASI – Clinical Gov. Full |  |
| **Mental Health Service**  Locum Psychiatrist was lost to Tweed Heads.  Have Bruce Khan is the new locum starting next week, still recruiting for permanent filling of the position. Under the pump across all sections  85% redesigned new model of care which includes an integrated therapeutic relationship at the front door that will stay with that person until discharge.   * Tuesday Circle of Security group @ Headspace. To refer to this contact Lisa, Sam Brookes and Zoe Thorpy * DVD skills group (emotional regulation) in Yamba by end of the month. 8 week program. 18 years & over. Only internal clients for this pilot then hope to open up in the future. |  |
| **NSCOA**  LCSA (Local Comm. Services Assoc.), Neighbourhood Centre Conference invite declined due to not ready until some future processes are completed around media presentation. |  |
| **Community Member**  MH Forum: Can see changes, 4 Clarence Valley representatives at the Forum  PHN presentation on their MH Plan. Lack of services or access still a problem.  ACTION: John to forward material to Sue  Grafton gaol- have heard that medication was removed from detainee, horrified by stories coming out of Grafton Gaol. There was discussion re: current issues of continuity of care during and post incarceration. Limitations and legislation which inhibits clarity. | John |
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| **Maclean Service Centre**  Thought bubble. Nunjerra and CVC submitted combined project application. Is OHC to be part of it? If successful; we can look at ongoing involvement of OHC. |  |
| **Sue Hughes:** see submitted report highlighting OHC branding demonstration of Aprons and Flags (Marquee). Looking at ordering table cloths and shopping bags. |  |
| **Note:**  OHC digital presentation will be developed in line with the new marketing and promotions plan.  Business Arising: Kati Jacobs was provided with some information. Haven’t seen the final of the presentation that was delivered. |  |
| **Meeting Closed: 12.40 pm** |  |
| **11. Next Meeting**  Thursday – September 20th, 2018 –Grafton Base Hospital Education Centre, 10am to 12:30pm. |  |
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**ACTION LIST**

| Action | Who | Due Date | Outcome | Date completed |
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| **Completed Actions;** |  |  |  |  |
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